

CENTERSTAGE

Spotlighting the knowledge of your experts at  SAXON

May 2018

Saxon's Go365 Clinic: A Can't Miss Wellness Event



In this installment of CenterStage, we are spotlighting our upcoming event, as presented by our Wellness Director, Abby Graham! Saxon, along with Humana and HealthWorks, will host a wellness seminar about Humana's wellness program on Wednesday, May 23. This exciting wellness clinic will aid employers in creating a more engaged workforce around wellness. Plus, there may be an awesome incentive involving a discount on insurance premiums, so keep reading!

Relationship Status - Going Strong

Humana is an insurance carrier represented by Saxon. Humana offers a personalized wellness and rewards program that we find to be exceptional for helping workplace environments create a great sense of community and health. HealthWorks is an outside vendor that works alongside Humana to provide wellness guidance and related services. HealthWorks will have a roundtable discussion explaining how they coordinate benefits with the Go365 program. With all three of us together at the event, employers will have the ability to have all their questions answered and have educational resources at their disposal.

Things to Look Forward to

"If you are someone in your company that is into wellness and is wanting to get others involved in a health initiative, then this event is for you! It will allow you to become an expert on Humana's Go365 program and see why it is a fantastic incentive-based wellness program." - Abby Graham

The event will feature several individual round tables, each one covering a different topic (see next page for topics). There will even be a **15% discount on premium insurance once you reach Gold**

Status in the program. The event is free to attend, and breakfast and lunch will be provided.

Sounds pretty great, right? If you are interested in saving money, increasing employee incentives, and creating a healthier workforce, be sure to sign up now to attend our Go365 seminar.

All questions and concerns regarding the event can be directed to Abby Graham at 513.334.0371 or send her an email via agraham@gosaxon.com. We can't wait to see you there!



Saxon's Go365 Clinic Round Tables

Station 01 Member Experience

- Biometric Screening
- Register at Humana.com
- Health Assessment
- Setting Goals & Earning Points
- Go365 Mall
- Weight Watchers

Station 02 Mobile App

- Connecting a Fitness Device
- Milestones/ Challenges
- Submitting an Activity
- Fitness Habits/Sleep Diary

Station 03 Engage Your Co-Workers

- Obstacles & Barriers
- Creating a Fun Atmosphere
- Resources

Station 04 Employer Resources

- Engagement Source/ESE's
- Pulling an Engagement Report
- Wellness Incentive Credit

Station 05 Healthworks

- Biometric Screenings
- Primary Care Physician Forms
- Health Coaching
- Wellness Programming